

**Course Syllabus:** Rescue after a fall - Lowering and Lifting**Code:** TRE2U

**Intended for:** Suitable for all persons who are already competent to work at height. Theory and practical sessions including lowering and raising of a casualty.

**Introduction:** Includes the selection of suitable anchor points, awareness of possible hazards, methods of operation of rope devices and methods of control during lowering or raising operations.

This course covers all aspects of suspension trauma, including methods of minimising the effect on the casualty and how to handle the casualty when they have been recovered to a safe place.

**CONTENT**

**Knowledge:** Awareness and understanding of ScaffPack contents and function  
Pre-use check of equipment  
Selection of suitable anchorages  
Abrasion and edge hazards  
Elementary pulley theory  
Medical dangers to suspended persons - suspension trauma  
Casualty handling

**Practical skills:** Attachment to the casualty  
Lowering a casualty  
Raising a casualty  
Recovery of a casualty suspended from a lanyard and fall arrest block.  
Casualty handling

**Entry Requirements:** This course is not intended to teach the elementary use of fall protection equipment. It is essential that all candidates are already competent in such use, including understanding how to fit and use a harness, the need for safe connection at all times and the use of energy absorbing lanyard. Candidates will be required to produce suitable valid certification prior to acceptance on this course.

**Assessment Method:** Continuous assessment is carried out by the trainer.

**Course Duration:** 0.5 days                      **Candidate Ratio:** 1:6

**Revalidation Period:** Certification valid for 3 year(s).

**Kendal • London • Kelvedon • Aberdeen**

The National Access and Rescue Centre  
Lake District Business Park, Mint Bridge Road, Kendal, LA9 6NH

tel: +44 (0)845 6432211  
fax: +44 (0)1539 728833

admin@narc.co.uk  
www.narc.co.uk



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