

Course Syllabus: Work at Height Emergency First Aid

Code: TSK2U

Intended for: For people who wish to work in remote areas and may be required to administer first aid as an appointed first aid person. Fulfills the requirements of Emergency First Aid Procedures in BS8454

Introduction: The syllabus includes sessions on the types of care available to a casualty at height, together with consideration related to moving the casualty and possible rescue.

Contains additional elements of first aid to assess, stabilise and monitor the condition of a casualty then package them with a minimum of equipment.

CONTENT

Knowledge: The role of the first aider including the use of available equipment and the recording of incidents and actions;
Basic hygiene for first aid procedures;
Assessment of the situation and circumstances in order to be able to act safely, promptly and effectively in an emergency;
Assessment of the casualty, including assessment of their neurological state and possible disability arising from head injury or spinal injury;
the need for, and means of achieving, prompt and effective communication with the emergency services

Practical skills: Casualty handling;
Administration of first aid safely, promptly and effectively to:
a casualty who is unconscious and/or in seizure;
a casualty who is wounded or bleeding and/or in shock;
a casualty who is choking, or who has difficulty breathing due to a crush injury or cervical spine injury;
a casualty who is thought to have sustained a fracture or spinal injury;
a casualty who is suffering from suspension trauma
Administration of cardiopulmonary resuscitation promptly and effectively;
Provision of appropriate first aid for minor injuries.

Entry Requirements: This course is not intended to teach the elementary use of fall protection equipment. It is essential that all candidates are already competent in such use, including understanding how to fit and use a harness, the need for safe connection at all times and the use of energy absorbing lanyard. Candidates will be required to produce suitable valid certification prior to acceptance on this course.

Assessment Method: The trainer will assess competence during practical work. Multiple choice written test with discussion.

Course Duration: 1 day **Candidate Ratio:** 1:6 maximum

Revalidation Period: Certification valid for 3 year(s).

Kendal • London • Kelvedon • Aberdeen

The National Access and Rescue Centre
Lake District Business Park, Mint Bridge Road, Kendal, LA9 6NH

tel: +44 (0)845 6432211
fax: +44 (0)1539 728833

admin@narc.co.uk
www.narc.co.uk



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doc ref: TS- TSK2U

issue date: 08/11/2005

revised: 11/05/2009

Approved by: KJ