

Intended for: For managers, supervisors, clients and specifiers who are required to create, implement and maintain a safe system of work for work at height.

Introduction: A comprehensive course with lecture sessions and extensive practical experience which combines detailed content of several specialised modules. Provides a comprehensive all-round knowledge of the requirements of the Work at Height Regulations.

This course includes the half day Awareness of Work at Height syllabus recommended by the Advisory Committee for Work at Height Training (ACWAHT) plus varied practical experience in the use of fall protection equipment, practical demonstrations of how to implement the fall protection hierarchy, detailed information on how to control, inspect and manage work equipment and experience of how to deal with emergencies.

CONTENT

Knowledge: ACWAHT syllabus - see TFP0
Use of fall protection equipment - syllabus TFP4U
Planning work at height - syllabus TFP2U

Additional material relating to managing work at height, including inspection, emergency planning (and practical procedures)

Requirements for using temporary and mobile platforms, and collective fall protection such as nets.

Practical skills: Use of personal fall protection equipment
Using guardrails, platforms and nets
Rescue after a fall

Entry Requirements: A self-certified statement of reasonable fitness will be requested prior to attendance.

Assessment Method: Written test.

Course Duration: 2 days

Candidate Ratio: 1:8

Revalidation Period: Certification valid for 3 years.