

**Intended for:** For rescue team or emergency team members from any industrial environment. A RescuePack User is able to operate all aspects of the RescuePack under the supervision of the person in charge of the operation.

**Introduction:** Teaches simple techniques for protecting the operator and performing rescue operations either by lowering or raising. Also covers the use of a safety line for back-up of the casualty or for safety of team members.

All aspects of equipment selection, use and maintenance are covered, including quadpods, winches, stretchers, rescuers PPE and portable equipment for lowering or raising.

Covers suspension trauma and casualty handling methods.

### CONTENT

**Knowledge:** ACWAHT syllabus - see TFP0  
Awareness and understanding of RescuePack contents and functions  
Awareness of methods to achieve safety at height  
Methods of equipment inspection  
Fall factors  
Selection of safe anchorages  
Abrasion and edge hazards  
Elementary pulley theory

**Practical skills:** Demonstrate the use of RP for personal safety. Demonstrate a range of rescue methods – to include:

Work restraint  
Life-lining  
Lowering  
Hauling

Further information on all aspects of RescuePack is available online at [www.rescuepack.net](http://www.rescuepack.net)

**Entry Requirements:** Reasonable medical fitness. Should be comfortable with exposure to height.

**Assessment Method:** Assessment is by practical and written test of specific competence elements. All assessments are carried out by a person other than the trainer.

**Course Duration:** 3 days

**Candidate Ratio:** 1:6 maximum

**Revalidation Period:** Certification valid for 3 years.