

Intended for: For people who wish to work in remote areas and may be required to administer first aid as an appointed first aid person. Fulfills the requirements of Emergency First Aid Procedures in BS8454 and forthcoming HSE requirements.

Introduction: The syllabus includes sessions on the types of care available to a casualty at height, together with consideration related to moving the casualty and possible rescue.

Contains additional elements of first aid to assess, stabilise and monitor the condition of a casualty then package them with a minimum of equipment.

CONTENT

Knowledge: The role of the first aider including the use of available equipment and the recording of incidents and actions;
Basic hygiene for first aid procedures;
Assessment of the situation and circumstances in order to be able to act safely, promptly and effectively in an emergency;
Assessment of the casualty, including assessment of their neurological state and possible disability arising from head injury or spinal injury;
the need for, and means of achieving, prompt and effective communication with the emergency services

Practical skills: Casualty handling;
Administration of first aid safely, promptly and effectively to:
a casualty who is unconscious and/or in seizure;
a casualty who is wounded or bleeding and/or in shock;
a casualty who is choking, or who has difficulty breathing due to a crush injury or cervical spine injury;
a casualty who is thought to have sustained a fracture;
a casualty who is thought to have sustained a spinal injury
a casualty who is suffering from suspension trauma
Administration of cardiopulmonary resuscitation promptly and effectively;
Provision of appropriate first aid for minor injuries.

Entry Requirements:

Assessment Method: The trainer will assess competence during practical work. Multiple choice written test with discussion.

Course Duration: 1 day

Candidate Ratio: 1:6 maximum

Revalidation Period: Certification valid for 3 year(s).